

	Teams	Sen NB	Sen/Jun Men	Mas Men	M50	Sen/Jun Women	Mas Women	W50	Young Males	Young Females
		1	131	31	34	88	14	15	83	85
Aberdeen AAC	10		3			1			3	3
Airdrie Harriers	3		2							1
Ayr Seaforth AC	2		1			1				
Banchory Stonehaven AC	1		1							
Bellahouston Harriers	13		5	3		4			1	
Bellahouston RR	5		1		1	3				
Calderglen Harriers	4		2				1			1
Cambuslang Harriers	21		6	2	2	3	1	1	4	2
Carnegie Harriers	3			1		1		1		
Central AC	19		6	1	4	5		1	1	1
Clydesdale Harriers	3		1						1	1
Corstorphine AAC	13		3	3	2	2			1	2
Cumbernauld AAC	6		1	1	2	2				
Dumbarton AAC	2		1			1				
Dundee Hawkhill Harriers	9		4	1		1		1	1	1
Dundee Road Runners	4		2	1		1				
East Kilbride AC	16		6		0	2			4	4
Edinburgh AC	27		6	1	5	3	1	1	5	5
Edinburgh Univ Hare and Hounds	12		5			7				
Falkirk Victoria Harriers	12		3			2			2	5
Fife AC	12		4	2	1	2		1	1	1
Gala Harriers	9		1	1	1				3	3
Garscube Harriers	22		2	3	4	2	2	2	4	3
George Heriots School XC Club	2								1	1
Giffnock North AC	29		3		2	3	1		9	11
Glasgow FrontRunners	3	1	1			1				
Glasgow University Hares and Hounds	11		5			6				
Greenock Glenpark Harriers	10		3		1	3	1	1		1
Harmeny AC	15			2			1		6	6
Helensburgh AAC	2		1						1	
Inverclyde AC	13		3	2		2	1	1	1	3
Inverness Harriers AAC	3									3
Irvine RC	1		1							
Kilbarchan AAC	11		1			1			8	1
Kilmarnock H&AC	13		2	1		2	1		3	4
Kirkintilloch Olympians	6		1	1	1	1		2		
Larkhall YMCA Harriers	4		1			1			1	1
Lasswade AC	7		2			1			2	2
Law & District AAC	4		2						1	1
Linlithgow AC	5		1	1		1	1	1		
Livingston AC	4		1			1			1	1
Lothian RC	11		4			1		1	2	3
Metro Aberdeen RC	3		2	1						
Moray RR	6		2			1			3	
Motherwell AC	6		4			2				
Musselburgh and District AC	2				2					
Perth RR	4		1		1	1	1			
Perth Strathtay Harriers	5		1						2	2
PH Racing Club	3		1	1	1					
Pitreavie AAC	5		1		1	1		1		1
Portobello RC	3		1			2				
Shettleston Harriers	15		4	1	1	4			2	3
Springburn Harriers	5		2			1			1	1
Stirling University AC	8		5			3				
Strathclyde Univ Harriers	4		2			2				
Strathearn Harriers	5		2						2	1
Team East Lothian	3								2	1
University of St. Andrews CC	3		2			1				
VP-Glasgow AC	16		2	1	1	2	1		4	5
West End RR	4		1		1	1	1			